

**Texas Master Naturalist Program
Cradle of Texas Chapter
General Meeting and Advanced Training
Wednesday, October 10, 2018
Texas AgriLife Extension Building
21017 County Road 171
Angleton, Texas 77515-8903**

8:30 AM – 9 AM	Fun and Fellowship Snack Team Brazoria County Library System
9 AM – 9:50 AM	General Membership Meeting Nature Notes <i>Beach Trash</i> by Mike Mullins <i>This meeting is approved for 1.00 hour volunteer time</i>
10:15 AM – 12 PM	Speaker Rebecca Laurent Topic <i>Colonial Folklore - Emphasis on herbs and plants</i>

Learn about aromatic and medicinal plants from herbalist Rebecca Laurent. ” In this class, you will learn the basics of using readily available herbs in your home and for your health. Then you’ll make your own herbal remedies for sunburns and those pesky bugs. Each workshop participant will take home a personal, Summer Survival Kit and a reference guide.



Bekka Laurent is a Holistic Health Professional and owner of Bekka’s Planet Herbal, Health, and Home. She empowers people with plant based solutions for natural living. Bekka believes that living a life healthy and free of debilitating disease can be as easy as looking at what we eat and the items we use around us.

This all started with one question years ago, about an alternative treatment to the synthetic chemical based drugs for her son’s asthma. With that question it opened the doors to herbal medicine and win after win in tending to household elements; all done with natural healing like what we did generations ago.

Bekka has been working with and learning about herbs and herbal remedies for the past 11 years and is now finishing her formal training as Master Herbalist and Holistic Health Professional from Genesis School of Natural Health.

